

CLAUDIA W. SCOTT MS, RD, LD, CDCES

University of Houston
Department of Health and Human Performance
3875 Holman Street, Garrison Room 104
Houston, TX 77204-6015
Telephone: (713) 743-4025
Email: cwscott@uh.edu

EDUCATION

Doctorate of Clinical Nutrition, Rutgers University, Newark, NJ	2019-present
Dietetic Internship, Veteran's Affairs Medical Center, Houston, TX	2002-2003
Master's in Nutrition, Texas Woman's University, Houston, TX	2002-2003
Bachelor's in Human Nutrition and Foods, University of Houston, Houston, TX	1998-2002

PROFESSIONAL CERTIFICATIONS

Registered Dietitian Commission on Dietetic Registration	2004-present
Licensed Dietitian Texas State Board of Examiners of Dietitians	2004-present
Certified Diabetes Care and Education Specialist (formerly known as Certified Diabetes Educator) Certification Board for Diabetes Care and Education	2011-present
Certified Spanish Language Translator and Interpreter MasterWord Services	2013-present

GRANTS

Co-Principal Investigator USDA NIFA Research and Extension Experiential Learning for Undergraduate (REEU) Fellowships Program (DC: \$281,475; IDC: \$0) "Houston-area Opportunities for Undergraduate Student Training in Obesity & Nutrition (HOUSTON) Academy" (PI: Hernandez, D. C.) United States Department of Agriculture	2017-2021
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Principal Investigator Zurvita Zeal for Life Ingredient Literary Review University of Houston (DC: \$15,000; IDC: \$0)	2015
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Principal Investigator Teaching Innovation Program Joint Undergraduate Mentorship Program "JUMP" University of Houston	2014-2015
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(DC: \$23,500, IDC: \$0)
Co-Investigator 2012-2013
Faculty Development Initiative Program
University of Houston
(DC: \$11,800, IDC: \$0)

AWARDS & HONORS

Academy of Nutrition and Dietetics Foundation 2019-2020
Commission on Dietetic Registration Diversity Scholarship
Academy of Nutrition and Dietetics

Distinguished Faculty Scholar Award 2018-2019
Women and Gender Resource Center
University of Houston

Ross M. Lence Award for Teaching Excellence 2016-2017
College of Liberal Arts and Social Sciences
University of Houston

Featured on University of Houston Trading Card 2016-2017
University of Houston

Teaching Excellence Award 2015-2016
Instructor/Clinical Category

Outstanding Dietetic Educator Award for the state of Texas 2015-2016
Texas Academy of Nutrition and Dietetics

Recognized Young Dietitian of the Year 2008-2009
Houston Academy of Nutrition and Dietetics

TEACHING & PROFESSIONAL EXPERIENCE

Director, Dietetic Internship Program 2018-present
Clinical Associate Professor
Department of Health and Human Performance
University of Houston
Houston, TX

Undergraduate courses taught with accompanying curriculum development:

NUTR 3101- Dietetics as a Profession (class size: 45)

NUTR 4333- Medical Nutrition Therapy- Cardiovascular (class size: 70)

Undergraduate mentoring and student advising: approximately 50 students per semester

Dietetic Internship mentoring and intern advising: 10 interns per onsite internship class, 20 per year

Director of the Dietetic Internship program consisting of two cohorts, onsite (class size:20) and distance (class size: 30), overseeing successful program completion of over 50 dietetic interns per year

Director, Didactic Program in Dietetics 2011-2018
Dietetic Internship Coordinator
Clinical Assistant Professor
Department of Health and Human Performance
University of Houston
Houston, TX

Undergraduate courses taught with accompanying curriculum development:

NUTR 3101- Dietetics as a Profession (class size: 45)
NUTR 3336- Nutrition Pathophysiology (class size: 100)
NUTR 4333- Medical Nutrition Therapy- Cardiovascular (class size: 70)
NUTR 4347- Medical Nutrition Therapy- Metabolic (class size: 90)

Undergraduate mentoring and student advising: approximately 50 students per semester

Dietetic Internship mentoring and intern advising: 10 interns per internship class, 20 per year

Lecturer 2009-2011
Department of Health and Human Performance
University of Houston
Houston, TX

Undergraduate courses taught with accompanying curriculum development:

NUTR 2332- Introduction to Nutrition (class size: 150)
NUTR 3320- Seminar in Nutrition Research (class size: 45)
NUTR 3334- Advanced Nutrition (class size: 150)
NUTR 3336- Nutrition Pathophysiology (class size: 100)
NUTR 4333- Medical Nutrition Therapy- Cardiovascular (class size: 70)
NUTR 4339- Sports Nutrition (class size: 100)
NUTR 4347- Medical Nutrition Therapy- Metabolic (class size: 90)
NUTR 4396- Gerontology and Nutrition (class size: 150)

Undergraduate mentoring and student advising: approximately 50 students per semester

Dietetic internship mentoring and intern advising: 12 interns per internship class, over 24 per year

Adjunct Lecturer 2006-2009
Department of Health and Human Performance
University of Houston
Houston, TX

Undergraduate courses taught with accompanying curriculum development:

NUTR 2332- Introduction to Nutrition (class size: 150)
NUTR 3320- Seminar in Nutrition Research (class size: 45)
NUTR 3334- Advanced Nutrition (class size: 150)
NUTR 3336- Nutrition Pathophysiology (class size: 100)
NUTR 4333- Medical Nutrition Therapy- Cardiovascular (class size: 70)
NUTR 4339- Sports Nutrition (class size: 100)
NUTR 4347- Medical Nutrition Therapy- Metabolic (class size: 90)
NUTR 4396- Gerontology and Nutrition (class size: 150)

Diabetes Educator 2008-2011
Memorial Hermann Katy Hospital

Katy, TX
Clinical Nutrition Specialist
Methodist Hospital
Sugar Land, TX
2007-2009

Senior Account Executive
BLB Consulting, Inc.
Houston, TX
2003-2007

Dietetic Intern
Veteran's Affairs Medical Center
Houston, TX
2002-2003

PROFESSIONAL MEMBERSHIPS

Academy of Nutrition and Dietetics
Texas Academy of Nutrition and Dietetics
Diabetes Care and Education (Dietetic Practice Group)
Nutrition and Dietetic Educators and Preceptors
American Association of Diabetes Educators
2002-present
2002-present
2008-present
2011-present
2011-present

SERVICE TO THE DEPARTMENT, COLLEGE, & UNIVERISTY

University of Houston Health Professions Advisory Committee
University of Houston
2019-present

CLASS Promotion & Tenure Committee
College of Liberal Arts and Social Sciences
University of Houston
2018-present

NTT Promotion Reviewer
Department of Health and Human Performance
University of Houston
2019-present

HHP Dietetic Internship Application Review Committee
Chair
Department of Health and Human Performance
University of Houston
2018-present

HHP Department Chair Council
Department of Health and Human Performance
University of Houston
2018-present

HHP Undergraduate Studies Committee
Chair (2014-2016)
Department of Health and Human Performance
University of Houston
2012-present

HHP Melcher/Garrison Renovation Committee Department of Health and Human Performance University of Houston	2018-2019
CLASS Technology Committee College of Liberal Arts and Social Sciences University of Houston	2017-2018
HHP Dietetic Internship Application Review Committee Department of Health and Human Performance University of Houston	2006-2018
CLASS Undergraduate Scholarship Committee College of Liberal Arts and Social Sciences University of Houston	2013-2017
Profs with Pride University of Houston	2015-2016
CLASS Undergraduate Studies Committee College of Liberal Arts and Social Sciences University of Houston	2013-2016
Tenured Faculty Search Committee Department of Health and Human Performance University of Houston	2014-2015
Strategic Planning Committee Department of Health and Human Performance University of Houston	2014-2015
Clinical Faculty Search Committee Department of Health and Human Performance University of Houston	2013-2014
Student Nutrition Association Faculty Advisor Nutrition Program University of Houston	2009-2012

LEADERSHIP & SERVICE TO THE PROFESSION

Past Chair Nutrition and Dietetic Educators and Preceptors Academy of Nutrition and Dietetics	2019-2020
Nominating Committee Chair Nutrition and Dietetic Educators and Preceptors	2019-2020

Academy of Nutrition and Dietetics Council on Future Practice Academy of Nutrition and Dietetics	2019-2020
Education on Nutrition and Dietetics Career Development Guide Task Force Council on Future Practice Academy of Nutrition and Dietetics	2019-2020
Monitoring Outcomes Task Force Council on Future Practice Academy of Nutrition and Dietetics	2019-2020
Visioning Engagement and Communications Task Force Council on Future Practice Academy of Nutrition and Dietetics	2019-2020
Issues Management Committee Nutrition and Dietetic Educators and Preceptors Academy of Nutrition and Dietetics	2017-present
Accreditation Site/Program Reviewer Accreditation Council for Education in Nutrition and Dietetics (ACEND) Academy of Nutrition and Dietetics	2013-present
Chair Nutrition and Dietetic Educators and Preceptors Academy of Nutrition and Dietetics	2018-2019
Vice Chair Nutrition and Dietetic Educators and Preceptors Academy of Nutrition and Dietetics	2017-2018
Advisory Board Member Diabetes Education Program Memorial Hermann Katy Hospital	2011-2015
Distance Dietetic Internship Application Task Force Member Nutrition and Dietetic Educators and Preceptors Academy of Nutrition and Dietetics	2013
Regional Director Nutrition and Dietetic Educators and Preceptors Academy of Nutrition and Dietetics	2011-2014

MENTORSHIP & STUDENT ACHEIVEMENTS

Supervised Practice Dietetic Internship Match & Placement from Undergraduate Nutrition Program

Fall 2018

University of Houston: Pallavi Abraham, Tyler Dansby, Lyndsey Dillon, Kelley Kocurek, Brooke Reichel, Sarah Roth, Samiyah Siddiqi, Brenna Topham
Keith & Associates: Sarah Millard
Keiser University: Sarai Vargas

Spring 2018

University of Houston: Nour Alia, Mojgan Azem, Kelly Carbo, Sean Jackson, Kelsey Jones, Dania Malhas, Karina Medina
Aramark: Victoria McKinnie
Golden Gate Dietetic Internship: Andrea Kurland
Iowa State University: Victoria Flores
Medical University of South Carolina: Savannah Weeks
New York Presbyterian Hospital: Everardo Perez Montoya
Prairie View A & M University: Somaiya Torrence
Texas Woman's University: Stephanie Kung, Ruth Lenz, Dan Nguyen
University of the Incarnate Word: Yasmine Marquez
University of Texas School of Public Health: Tracy Vu

Fall 2017

University of Houston: Connie Chen, Dulce Garcia, Nicole Knepper, Kalliopi Podiea, Shana Tatum, Karen Vallejo
Gulf Coast Dietetic Internship: Yolanda Pringle
Keith & Associates Dietetic Internship: Ashley Hurst
Sodexo: Aemberly Montilla
University of Oklahoma: Sydney Ware

Spring 2017

University of Houston: Kayla Cueva, Telma Moreira, Courtney Ryan, Ana Smith, Lisa Wartenberg, Taylor Wilson
Aramark: Janet Van
Lamar University: Travis Finigan
Lenior-Rhyne University: Thao Vo
Louisiana Tech University: Hannah Crawford
Marywood University: Deema Abdoh
Sam Houston State University: Kristina Cunning, Rachel Jones
Texas Woman's University: Ali Ummia
Universidad de Puerto Rico: Monica Cueva
University of Texas Medical Branch Galveston: Jennifer Cleveland, Maria Garcia

Fall 2016

University of Houston: Valeria Christensan, Lauren Dotter, Julia Lindgren,

Marla Ramos, Rebecca O'Brien, Hailey Uckert, Eva Weston, Arturo Zaldana
Florida Hospital University: Julianna Ruiz
Gulf Coast Dietetic Internship: Dhanya Manavalan, Lindsay Montalbano,
Wellness Workdays: Joshua Mei, Allyson N. Serna

Spring 2016

University of Houston: Karen Adewale, Amanda Baker, BreAnn Jackson,
Brittany Link, Anna Kaplan, Jenna McManus, Amanda Rose, Michael Shelby
Andrews University: Darrine Abouchelleih
Aramark: Alisha Mukadam
Lamar University: Danielle Grego
Life University: Taylor Moree
McNeese University: Christopher Braunsdorf
Michael E. Debakey Veteran's Affairs Hospital: Erin Toth
Nutrition Ink: Yu-yen Lee
Sam Houston State University: Taylor Burnett
Southern University Baton Rouge A&M: Michelle Wo
Stephen F. Austin University: Lindsay R. Hetzel
Texas Woman's University: Valerie Costanza, Jennifer Dinh, Fatima Ellahi
University of Arkansas Veteran's Healthcare System: Hannah Burch
University of Texas Medical Branch Galveston: Julia Newsom

Fall 2015

University of Houston: Katherine Benavides, Denny Dao, Sarah Kennedy,
Juhina Farooki, Christina Garaghty, Danielle Johnson, Elizabeth Orellana,
Stephanie Phillips, Rebecca Qian, Cathrine Reed, Michelle Shin, Cheryl Wood

Spring 2015

University of Houston: Maged Ayyad, Marite Domeneche, Starla Garcia,
Ngan Ly, Sarah "Sally" Stinson, Kaly Vaughn
Marywood University: Grace Otum
Michael E. Debakey Veteran's Affairs Hospital: Lindsey Hieb
Stephen F. Austin University: Krystina Kram
Texas A & M University: Betsy Ramirez
Texas Woman's University: Bridgette Budion, Allyson Camp, Kelly Haney,
Saadiya Rehman, Amber Schnautz
Tulane University: Christopher Le
University of Texas Medical Branch- Galveston: Brandy Rawls
University of Texas School of Public Health: Katie Newsome
Utah State University: Tracy Jiang

Fall 2014

University of Houston: Brittany Alvarado, Melanie Genssler, Paulina Lee,
Netro McKay, Chelsey Nelson, Jessica Satter, Regina Salinas Rodriguez
Iowa State University: Jacqueline Hernandez
Sodexo: Denise Palma

Spring 2014

University of Houston: Chanel Love, Constantina Michalopolous
Baptist Hospital San Antonio: Zaharah Mohamed
California State University- Long Beach: Safieh Ajine
Dominican University: Teresa Rivera
Iowa State University: Somia Ghaffar
Lamar University: Diedra Taylor
Prairie View A & M University: Amanda Luviano
Texas Woman's University: Kimberly Hang, Michelle Jozwiak, Franky Lam
University of Delaware: Alexandra Michalopolous
University of Texas Medical Branch- Galveston: Angela Loverde
University of Texas School of Public Health: Leslie Delcid, Tonya Moore, Stefanie Prokopiou
Vanderbilt University: Renee Sattler

Fall 2013

University of Houston: Maria Anez, Lisa Boyce, Tabbetha Lopez, Ralph Wilkens

Spring 2013

University of Houston: Julia Jerrell, Stacey Paul, Sarah Pioquinto
Prairie View A & M University: Victoria Lee
Texas Woman's University: Rita Carlson-Sadler, Yasseen Hakim, Jamil Seemab, Sameera Rahman, Marina Rivera-Ridens, Danielle Rodriguez, Zain Sanjak

Fall 2012

University of Houston: Susan Alexander, Leann Cook, Hienanh Nguyen, Valeria Niculae, Lindsay Pollino
Texas Woman's University: Sherin Jacob

Spring 2012

University of Houston: Rachel Huisman, Lai Lee, Megan Litterer
Texas Woman's University: Camille Booker, Kristin Kabay, Fatima Tai, Bernadette Valdez, Natalia Yanez

Fall 2011

University of Houston: Simica Deel, Stewart Williams, Nicholas Yonko

Houston-area Opportunities for Undergraduate Student Training in Obesity & Nutrition (HOUSTON) Academy

Fall 2019

Anthony Alanis, Jessica De La Costa, Elizabeth Gamez, Laura Gonzalez, Omar Guerrero, Jasmine, Khademakbari, Nadia Garcia Marroquin, Karen Mejia, Anam Naik, Tommy Nguyen, Abigail Ortega, Dwane Rhodes, Rashika Sunku, Jennifer Torres, Geselle Zuniga

Anthony Alanis, Chadissy Alva, Kendall Brice, Maddison Brown,
Elizabeth Gamez, Laura Gonzalez, Emily Harrison, Dwane Rhodes,
Geselle Zuniga

Summer 2019

Maddison Brown, Jessica De La Costa, Ashley Dao, Phuongo Do,
Barbara Morris, Quan Nguyen, Tommy Nguyen, Edith Araromi Onyekwelu,
Maggie Yip, Geselle Zuniga

Spring 2019

Maddison Brown, Gaby Calderon, Jessica De La Costa, Ashley Dao, Marco Galvan,
Isbah Khan, Arleen Longoria, Du Nguyen, Tommy Nguyen, Emelia Orleans-Lindsay,
Maggie Yip, Geselle Zuniga

Fall 2018

Shelby Brady, Maddison Brown, Jessica Costa, Isbah Khan, Arleen Longoria,
Du Nguyen, Emelia Orleans-Lindsay, Ankia Sharma, Chelsea Truong,
Jocelyn Yanez, Maggie Yip, Geselle Zuniga

Summer 2018

Mario Alavez, Shelby Bandy, Madison Brown, Steven Canales,
Mariam Dadani, Ian Gomez, Ti'ara Johnson, Arleen Longoria, Vi Ly,
Tommy Nguyen, Olaide Owokoniran, Jerika Ruiz, Mark Sommer,
Nubia Tobar, Chelsea Truong

Spring 2018

Steven Canales, Ian Gomez, Arleen Longoria, Vi Ly,
Tommy Nguyen, Olaide Owokoniran, Jerika Ruiz, Fatema Shipchandler,
Nubia Tobar

Fall 2017

Steven Canales, Mallory Haynes, Kelly Lemming, Jillian Morales,
Arleen Longoria, Pablo Terradillos Suarez, Nubia Tobar, Abraham Vicuna,
Fatema Shipchandler

Summer 2017

PRESENTATIONS

“Characteristics of a High Quality Preceptor”
Memorial Hermann Ironman Sports Medicine Institute
Memorial Hermann System, Houston, TX

December 2019

“Bridging the Gap... Interprofessional Collaborations”
Faculty Senate Conference
University of Houston, Houston, TX

October 2019

<p>“NDEP Update” Nutrition and Dietetic Educators and Preceptors Membership Breakfast Academy of Nutrition and Dietetics National Food and Nutrition Conference and Expo, Philadelphia, PA</p>	<p>October 2019</p>
<p>“How to be an Outstanding Preceptor” Clinical Nutrition Departmental Meeting Harris Health System, Houston, TX</p>	<p>June 2019</p>
<p>“NDEP Update” Nutrition and Dietetic Educators and Preceptors Academy of Nutrition and Dietetics Western Regional Meeting, Portland, OR</p>	<p>March 2019</p>
<p>“NDEP Update” Nutrition and Dietetic Educators and Preceptors Membership Breakfast Academy of Nutrition and Dietetics National Food and Nutrition Conference and Expo, Washington, DC</p>	<p>October 2018</p>
<p>“Dietetic Internship Application Discussion Panel” Southeast Region Texas Academy of Nutrition and Dietetics Regional Meeting, Houston, TX</p>	<p>October 2018</p>
<p>“Careers in Nutrition and Dietetics” University of Houston Career Services University of Houston, Houston, TX</p>	<p>October 2018</p>
<p>“The Role of Committees in NDEP” Nutrition and Dietetic Educators and Preceptors Membership Breakfast Academy of Nutrition and Dietetics National Food and Nutrition Conference and Expo, Chicago, IL</p>	<p>October 2017</p>
<p>“How to be an Exceptional Preceptor” Clinical Nutrition Departmental Meeting Harris Health System, Houston, TX</p>	<p>February 2017</p>
<p>“How to be an Exceptional Preceptor” Clinical Nutrition Departmental Meeting Harris Health System, Houston, TX</p>	<p>June 2016</p>
<p>“Recruiting and Maintaining Preceptors” Area 3 and 4 National Meeting Nutrition and Dietetic Educators and Preceptors, San Antonio, TX</p>	<p>April 2012</p>

POSTER PRESENTATIONS

Tobar, N., Nguyen, T., Canales, S., **Scott, C. W.**, Johnston, C. A., Hernandez, D. C. (April 2018). *Diabetes and exercise initiation*. Poster presented at the 2018 Texas Academy Annual Conference & Exhibition. Houston, TX.

Ly, V., Canales, S., **Scott, C. W.**, Johnston, C. A., Hernandez, D. C. (April 2018). *A guide for eating healthy during holiday parties and special events*. Poster presented at the 2018 Texas Academy Annual Conference & Exhibition. Houston, TX.

Ruiz, J., Longora, A., Hatem, C., **Scott, C. W.**, Johnston, C. A., Hernandez, D. C. (April 2018). *Healthy eating while consuming fast food and dining out*. Poster presented at the 2018 Texas Academy Annual Conference & Exhibition. Houston, TX.

Owokoniran, O., Shipchandler, F., Tobar, N., Reesor, L. M., **Scott, C. W.**, Johnston, C. A., Hernandez, D. C. (April 2018). *Benefits of exercising: There is more to working out than looking good*. Poster presented at the 2018 Texas Academy Annual Conference & Exhibition. Houston, TX.

Longora, A., Gomez, I., Arlinghaus, K., **Scott, C. W.**, Johnston, C. A., Hernandez, D. C. (April 2018). *Food labels 101*. Poster presented at the 2018 Texas Academy Annual Conference & Exhibition. Houston, TX.

Hernandez, D. C., Murillo, R., **Scott, C. W.**, *Reesor, L. (November 2016). *Food insecurity and pre-diabetes among adults: Gender and race/ethnic differences*. Poster presented at the 2016 annual meeting for the American Public Health Association, Denver, Colorado.

Hernandez, D. C., Murillo, R., **Scott, C. W.** (February 2016). *The Association between Food insecurity and Diabetes: Differences by Sex and Socio-economic Status among Older Adults*. Poster to be presented at the 2016 annual meeting for the American Academy of Health Behavior, Ponte Vedra Beach, FL.

PUBLICATIONS

Della Costa, J., Alonso, Y., Chishty, M., Dao, D., **Scott, C. W.**, Hernandez, D. C. (2019). SNAP Challenge: Challenges faced by prospective dietitians on a limited food budget. *The Digest*, 13 – 16.

Murillo, R., Reesor, L., **Scott, C. W.**, & Hernandez, D. C. (2017). Food insecurity and pre-diabetes in adults: Race/ethnic and sex differences. *American Journal of Health Behavior*, 41 (4), 435-443. DOI: 10.5993/AJHB.41.4.8.

Moreira, T., Hernandez, D. C., **Scott, C. W.**, Murillo, R., Vaughan, E. M., Johnston, C. A. (2018). *Susto, coraje, fatalismo: Cultural-bound beliefs and the treatment of diabetes among socio-economically disadvantaged Hispanics*. *American Journal of Lifestyle Medicine*, 12 (1), 30-33. DOI: [10.1177/1559827617736506](https://doi.org/10.1177/1559827617736506)

MEDIA

Scott, C. W. Featured in “Funny You Should Ask: Is Breakfast the Most Important Meal of the Day” article for UH Research hand Innovation Magazine. . August 2016.

Scott, C. W. Featured in “Best Time to Exercise with Type 2 Diabetes” article for WebMD.com. May 2016.

Scott, C. W. Featured in “The Ugly Truth: Here’s What Detox Teas are Really Doing to Your Body” article for Xonecole.com.
<http://xonecole.com/the-ugly-truth-heres-what-detox-teas-are-really-doing-to-your-body/>.
January 2016.

Scott, C. W. Featured in “Reversing Diabetes” article in Absolutely! Katy magazine. June 2011.

Scott, C. W. Featured in television news segment on diabetes for Univision. January 2006.

Scott, C. W. Featured in “La Obesidad” television interview for Univision program “Nuestra Vida”. January 2005.

Scott, C. W. Featured in television news segment on diabetes for Univision. July 2005.

LANGUAGES

Speak, read, and write Spanish fluently