

## Curriculum Vitae

Tracey A. Ledoux, Ph.D., R.D., F.A.N.D.  
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### Postdoctoral Training

Postdoctoral Fellow in Behavioral Nutrition 2008-2010  
Children's Nutrition Research Center, Baylor College of Medicine, Houston, TX  
Mentor: Tom Baranowski, PhD

Postdoctoral Fellow in Clinical Health Psychology, APA accredited 2007-2008  
University of Texas Medical Branch, Galveston, TX  
Clinical supervisor: Jeff Baker, PhD, ABPP

### Education

PhD 2007 Counseling Psychology, Oklahoma State University, Stillwater, OK  
Dissertation Title: "Expressive writing's effects on eating behavior following an ego-threatening event."  
Predoctoral Internship: Michael E. DeBakey, VA Medical Center, Houston, TX

MS 2003 Community Counseling, University of Memphis, Memphis, TN

MS 2000 Clinical Nutrition, University of Memphis, Memphis, TN  
Thesis Title: "Assessment of nutritional care practices in a pediatric oncology hospital in Recife, Brazil."  
American Dietetic Association Pre-Approved Dietetic Internship: University of Memphis

BS 1997 Human Nutrition, University of Massachusetts, Amherst, MA

### Registration/Licensure

Certified as a Registered Dietitian by the Commission on Dietetic Registration  
(Registration no. 875264)

Psychology Licensure by the Texas State Board of Examiners of Psychologists  
(License number 33916)

### Current Positions

9/2016 – present Associate Professor  
Health and Human Performance Department, University of Houston, TX

9/2010 – 9/2016 Assistant Professor  
Health and Human Performance Department, University of Houston, TX

## RESEARCH

### *Manuscripts Accepted, In Press, and Published*

*(First and last author placement denote senior authorship)*

1. Lee, C.Y., **Ledoux, T.A.**, Johnston, C.A., Guadalupe, X.A., & O'Connor, D.P. (In press). Association of parental body mass index (BMI) with child's health behaviors and child's BMI depend on age. *BMC Obesity*.
2. Silveira, SL, **Ledoux, T.A.**, Johnston, C.J., Kalpakjian, C., O'Connor, D.P., Cottingham, M., McGrath, R., Tate, D. (epub ahead of print). Well on wheels intervention: Satisfaction with life and health for adults with spinal cord injuries. *Journal of Spinal Cord Medicine*. doi: 10.1080/10790268.2018.1554333. PMID: 30557093

3. Silveira SL, Winter LL, Clark R, **Ledoux T**, Robinson-Whelen S. (2019, February). Baseline dietary intake of individuals with spinal cord injury who are overweight or obese. *Journal of the Academy of Nutrition and Dietetics*. DOI: 10.1016/j.jand.2018.08.153. PubMed PMID: 30393077.
4. Nosek, M.A., Robinson-Whelan, S., **Ledoux, T.**, Hughes, R., O'Connor, D.P., Lee, R.E., Goe, R., Silveira, S.L., Markley, R., & Nosek, T.M. (Epub ahead of print). A pilot test of the GoWoman weight management intervention for women with mobility impairments in the online virtual world of Second Life®. *Disability & Rehabilitation Journal*. DOI:10.1080/09638288.2018.1473511.
5. Lee, R.E., Soltero, E.G., **Ledoux, T.**, Sahnoune, I., Saaverda, F., Mama, S.K., & McNeill, L. (2019). Sustainability via Active Garden Education (SAGE): Translating policy to practice to meet physical activity and nutrition guidelines in early care and education. *Journal of School Health*. DOI: 10.1111/josh.12734
6. **Ledoux, T.**, Daundesequera, S., Van den Berg, P., Leung, P., Walker, L. & Berens, P. (2018). Association between health beliefs and gestational weight gain. *Journal of Women's Health*, 27, 341-347. DOI: 10.1089/jwh.2016.6185
7. **Ledoux, T.**, Robinson, J., Baranowski, T., & O'Connor, DP. (2018). Teaching parents about responsive feeding through a vicarious learning video: A randomized controlled trial. *Health Education and Behavior*, 45, 229-237. DOI: 10.1177/1090198117712332.
8. Silveira, S., **Ledoux, TA**, Robinson-Whelan, S., Stough R., & Nosek, MA. (2017). Methods for classifying obesity in spinal cord injury: A review. *Spinal Cord*, 55, 812-817. doi: 10.1038/sc.2017.79. PMID: 28695902
9. Silveira, S., **Ledoux, T.**, Cottingham, M., & Hernandez, D. (2017). Association among practice frequency on depression and stress among competitive US male wheelchair rugby athletes with tetraplegia. *Spinal Cord*, 55, 957-962. doi: 10.1038/sc.2017.40.
10. Lee, R. E., Parker, N. H., Soltero, E. G., **Ledoux, T. A.**, Mama, S. K., & McNeill, L. (2017). Sustainability via Active Garden Education (SAGE): Results from two feasibility pilot studies. *BMC Public Health*, 17, 242-253. DOI 10.1186/s12889-017-4163-5
11. Daundesequera, S., Beasley, A., O'Connor, D.P., Sampson, M., Hernandez, D., & **Ledoux, T.** (2017). Validation of the Intuitive Eating Scale for pregnant women. *Appetite*, 112, 201-209.
12. **Ledoux, T.**, Griffith, M., Thompson, D., Nguyen, N., Watson, K., Baranowski, J., Buday, R., Abdelsamad, D., & Baranowski, T. (2016). An educational video game for nutrition of young people: Theory and design. *Simulation & Gaming*, 47, 490-516. PMID: 27547019
13. Joseph, S., Stevens, A., **Ledoux, T.**, O'Connor, T., O'Connor, D.P., & Thompson, D. (2015). Rationale, design and methods for process evaluation in the Childhood Obesity Research Demonstration study. *Journal of Nutrition Education and Behavior*, 47, 560-565. DOI 10.1016/j.jneb.2015.07.002.
14. **Ledoux, T.**, Van den Berg, P., Leung, P., & Berens, P.D. (2015). Factors associated with knowledge of gestational weight gain recommendations. *BMC Research Notes*, 8, 349-356; PMID: 26298514
15. Soltero, EG, **Ledoux, T.**, & Lee, R.E. (2015). Feasibility and acceptability of adapting the Eating in the Absence of Hunger assessment for preschoolers in the classroom setting. *Eating Behaviors*, 19, 68-71; doi: 10.1016/j.eatbeh.2015.06.006.
16. O'Connor, DP., Lee, RE., Mehta, P., Thompson, D., Bhargava, A., Carlson, C., Kao, D., Layne, CS., **Ledoux, T.**, O'Connor, T., Rifai, H., Gulley, L., Hallett, AM., Kudia, O., Joseph, S., Modelska, M.,

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Ortega, D., Parker, N., Stevens, A., and the EC-CORD (BETTER Policies) Team (2015). Childhood Obesity Research Demonstration Project: cross-site evaluation methods. *Childhood Obesity*, 11, 92-103; doi: 10.1089/chi.2014.0061

17. **Ledoux, T.**, Gallagher, MR, Sampson, M., & Ciampolini, M. (2014). Biofeedback Enhanced Lifestyle Intervention: Investigating the acceptability of a novel intervention for disinhibited eating and obesity, *Open Journal of Preventive Medicine*, 4, 779-788. <http://dx.doi.org/10.4236/ojpm.2014.410088>
18. Mama SK, Soltero EG, **Ledoux TA**, Gallagher MR, Lee RE. (2014). Solving the obesity epidemic: voices from the community. *Nursing Inquiry*, 21, 192-201. doi: 10.1111/nin.12054. Epub 2013 Dec 26. PubMed PMID: 24372868.
19. Cross MB, Hallett AM, **Ledoux TA**, O'Connor DP, Hughes SO. (2014). Effects of children's self-regulation of eating on parental feeding practices and child weight. *Appetite*, 81, 76-83. doi: 10.1016/j.appet.2014.06.014. PMID: 24930598.
20. **Ledoux T**, Adamus-Leach H, O'Connor DP, Mama S, Lee RE. (2015). The association of binge eating and neighbourhood fast-food restaurant availability on diet and weight status. *Public Health Nutrition*, 18, 352-360. PubMed PMID: 24476972.
21. **Ledoux T**, Nguyen AS, Bakos-Block C, Bordnick P. (2013). Using virtual reality to study food cravings. *Appetite*, 71, 396-402. doi: 10.1016/j.appet.2013.09.006. PMID: 24055758.
22. Lee RE, Soltero EG, Mama SK, Saavedra F, **Ledoux TA**, McNeill L. (2013). Developing a transcultural academic-community partnership to arrest obesity. *International Quarterly of Community Health Education*, 34, 215-33. doi: 10.2190/IQ.34.3.b. PMID: 25030103.
23. **Ledoux T**, Hilmers A, Watson K, Baranowski T, O'Connor TM. (2012). Development and feasibility of an objective measure of patient-centered communication fidelity in a pediatric obesity intervention. *Journal of Nutrition Education & Behavior*, 45, 349-54. doi: 10.1016/j.jneb.2012.10.006. PMID: 23395302.
24. **Ledoux TA**, Mama SK, O'Connor DP, Adamus H, Fraser ML, Lee RE. (2012). Home Availability and the Impact of Weekly Stressful Events Are Associated with Fruit and Vegetable Intake among African American and Hispanic/Latina Women. *Journal of Obesity*, 2012; 2012:737891. doi: 10.1155/2012/737891. PMID: 22666558; PubMed Central PMCID: PMC3361275.
25. **Ledoux TA**, Watson K, Barnett A, Nguyen NT, Baranowski JC, Baranowski T. (2011). Components of the diet associated with child adiposity: a cross-sectional study. *Journal of the American College of Nutrition*, 30, 536-46. PubMed PMID: 22331689.
26. Lopez Y 3rd, O'Connor DP, **Ledoux TA**, Lee RE. (2011). Analysis of body composition methods in a community sample of African American women. *Women's Health*, 51, 709-23. doi: 10.1080/03630242.2011.623222. PubMed PMID: 22185287.
27. **Ledoux TA**, Hingle MD, Baranowski T. (2011). Relationship of fruit and vegetable intake with adiposity: a systematic review. *Obesity Reviews*, 12, 143-50. doi: 10.1111/j.1467-789X.2010.00786.x. Review. PubMed PMID: 20633234.
28. **Ledoux T**, Watson K, Baranowski J, Tepper BJ, Baranowski T. (2011). Overeating styles and adiposity among multiethnic youth. *Appetite*, 56, 71-77. doi: 10.1016/j.appet.2010.11.145. PMID: 21115080; PubMed Central PMCID: PMC3030641.

29. **Ledoux T**, Winterowd C, Richardson T, Clark JD. (2010). Relationship of negative self-schemas and attachment styles with appearance schemas. *Body Image*, 7, 213-7. doi: 10.1016/j.bodyim.2010.02.003. PMID: 20207598.
30. **Ledoux T**, Barnett MD, Garcini LM, Baker J. (2009). Predictors of recent mental health service use in a medical population: implications for integrated care. *Journal of Clinical Psychology in Medical Settings*, 16, 304-10. doi: 10.1007/s10880-009-9171-x. PMID: 19662348.
31. Barnett MD, **Ledoux T**, Garcini LM, Baker J. (2009). Type D personality and chronic pain: construct and concurrent validity of the DS14. *Journal of Clinical Psychology in Medical Settings*, 16, 194-9. doi: 10.1007/s10880-009-9152-0. PMID: 19266270.
32. Cully JA, Jimenez DE, **Ledoux TA**, Deswal A. (2009). Recognition and treatment of depression and anxiety symptoms in heart failure. *Primary Care Companion of the Journal of Clinical Psychiatry*, 11, 103-9. PubMed PMID: 19617942; PubMed Central PMCID: PMC2708006.

### **Manuscripts in Progress and Submitted**

- Zhao, X., Lee, R.E., Ledoux, T.A., Hoelscher, D.M., McKenzie, T.L., & O'Connor, D.P. (submitted June 2019). A simple approach to combining and comparing ratings from different school environment assessment methods. *Childhood Obesity*.
- Daundasekara, S., **Ledoux, T.**, O'Connor, D.P., Berger-Cardoso, J., & Hernandez, D. (submitted September 2018). Associations between immigration and generational status, and smoking and drinking behaviors before and during pregnancy. Submitted to *Ethnicity and Health*.
- Silveira, S., **Ledoux, T.A.**, Johnston, C.A., Kalpakjian, C, O'Connor, D.P., Cottingham, M., McGrath, R., & Tate, D. (Revised and resubmitted June 2019). Differences among participants' responses to a wellness intervention for individuals with spinal cord injuries. *Disability and Health Journal*.
- Ledoux, T.**, Robinson, J., Thompson, D., & Baranowski, T. (In progress). Exploring the bidirectional relationship between parent and preschooler behaviors at meal and snack times. *Eating Behaviors*.
- Soltero EG, Parker N, Mama SK, **Ledoux TA**, Lee RE. (Under Review since March 2018). Acceptability, Feasibility, and Sustainability of the SAGE Active Garden Education Program: Lessons learned from early care and education centers. *Journal of Health Education*.
- Daundeseakra, Robinson, J., S., Beasley, A., & **Ledoux, T.** (Submitted January 2019?). The relationship between intuitive eating and gestational weight gain. *Public Health Nutrition*.
- Lopez, T., Hernandez, D., & **Ledoux, T.** (Submitted May, 2019). Association between diet quality and intuitive eating. *Appetite*.

### **Other Publications**

- Daundasekara, S.S. & **Ledoux, T.A.** (2019). Gestational weight gain among immigrant women in the United States. *Weight Management Matters: A Quarterly Publication for Weight Management Leaders*, 17, 12-15.
- Ledoux, T.**, Lopez, T., Johnston, C., Vaugh, E., & Foreyt, J. (2016). Nutrition in Weight Management and Obesity. In: Rippe, J. ed. *Nutrition in Lifestyle Medicine*. New York, NY: Springer Publishing Company.
- Lee RE, Adamus-Leach HJ, Soltero EG, Vollrath KR, Hallett AM, Parker NH, Cross M, Mama SK, **Ledoux**

TA. (2014) Obesity: An Ecologic Perspective on Challenges and Solutions. In: Stein N, ed. *Public Health Nutrition: Principles and Practice for Community and Global Health*. Burlington, MA: Jones & Bartlett Learning. 2014. ISBN-13: 9781449692049.

Ledoux, T., Baranowski, J., & Baranowski, J. (2012). Rebuttal to AC Skinner et al., article on energy intake and weight status among children [Letter to the editor]. *Pediatrics, eLetter*.

Baranowski, T., Baranowski, J., Cullen, K., Hingle, M., Hughes, S., Jago, R., Ledoux, T., Mendoza, J., Nguyen, T., O'Connor, T., Thompson, D., & Watson, K. (2010). Problems and possible solutions for interventions among children and adolescents. In: O'Dea & Eriksen, Ed: *Childhood Obesity Prevention: International Research, Controversies, and Interventions*. Oxford University Press.

### **Current Research Support**

Unnumbered 2019	Ledoux (PI)	June 1 – May 31,
GEAR Grant, Division of Research, University of Houston		Total budget:
\$30,000		

“The Families Understanding Nutrition and Physically Active Lifestyles (FUNPALs) Paygroup: Randomized control trial pilot study of an obesity prevention program for families of low income minority toddlers.”  
The purpose of this study is to pilot test an obesity prevention program for families with toddler age children.

Unnumbered	Ledoux	2014-present
University of Houston, Division of Research Small Grant		\$3000

“How does knowledge influence health behaviors of pregnant women?”

The purpose of this study is to determine the thoughts, feelings, and intended health behaviors of women in their first trimester (8-14 weeks) of their first pregnancy when given a recommendation for gestational weight gain.  
Role: PI

1667	O'Connor & Obassi co-PIs	April 2017-December 2019
United Health Foundation		\$2,000,000

A community collaborative for preventing and treating obesity in underserved communities in Houston  
The purpose of this project is to develop, deliver, and coordinate obesity prevention approaches in an underserved community in Houston.  
Role: Co-I

GRANT12439473	Olvera (PI)	2/5/18-2/4/21
NIFA/USDA/AFRI		\$297,385

“Eye to the future: Developing the next generation of childhood obesity prevention educators”  
The purpose of this project is to launch an internship program aimed at increasing awareness of, preparation for, and entry into community nutrition and public health careers among Hispanic or other underrepresented students.  
Role: Co-I

Grant#6657	McNeill (PI)/Reitzel (subcontract PI)	1/2018-12/31/2022
American Cancer Society		Subcontract \$116,000

“A peer and family-based approach to obesity in African American families”

The purpose of this study was to develop an obesity prevention program for African American families leveraging existing partnerships between MD Anderson, University of Houston, and community churches.  
Role: Co-I

### **Completed Research Support**

2R24DA019798-06	Bordnick, P/Pilot Project B PI Ledoux	07/01/2014-6/31/2018
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NIH/NIDA Total budget \$2,581,298 (Ledoux Project B \$75,000)

University of Houston Drug Abuse Research Program II

The purpose of this center grant is to continue the Diversity-promoting Institutions Drug Abuse Research Development Program at the University of Houston. The program involves a transdisciplinary program of research that examines heroin use, its treatment, and related health effects in a population of Mexican Americans using virtual reality, developing the drug abuse research capacity of faculty and students, and further enhancing the institutions research infrastructure. Pilot Project B (Ledoux PI) aims to explore nutrition, food addiction, and obesity among Mexican American heroin users, non-users, and former users.

367592

Nosek PI

April 2016-April 2017

Neilsen Foundation

Consultant fee: \$3000

Development of an eHealth group weight management intervention for people with SCI.

The purpose of this project is to develop a web-based weight loss intervention for males and females with SCI.

Role: Consultant

NIH Loan Repayment Program

Ledoux (PI)

2011-2017

NICHD

“Reducing child obesity risk through mitigating excess gestational weight gain.”

The purpose of this funding is to reduce graduate education loan debt among promising early career investigators. Funding has been renewed for three cycles.

Role: PI

Unnumbered

Ledoux, PI

2014-2015

College of Liberal Arts & Social Sciences, UH Outreach Grant

“Developing a responsive parenting observational coding system for the feeding domain”

The purpose of this study is to develop a coding measure using video recorded in-home observations to measure responsive feeding for toddler food acceptance and rejection cues.

Unnumbered

Ledoux (PI)

2012-2015

College of Liberal Arts and Social Sciences Grants-in-Aid Program, University of Houston

\$6000

“Does intuitive eating predict healthy weight gain among pregnant women?”

The purpose of this study is to determine the extent to which internally regulated eating, or homeostatic eating, predicts healthy weight gain during pregnancy.

Role: PIDP003350-01

O’Connor (PI)

2011–2015

CDC

“Best Evaluation Tools & Techniques for Effective Recommendations for Policies.”

The purpose of this funding is to conduct an impact evaluation to assess process and outcomes of the three multi-site multi-sector child obesity projects and disseminate information to decision-makers and the public regarding effective community-based methods for prevention of childhood obesity.

Role: Co-Investigator

H133G120192

Nosek, P. (PI)

10/1/12-9/30/15

NIDRR

UH Subcontract Budget \$195,000

“Development of a Virtual Reality Weight Management Intervention for Women with Mobility Impairments.”

The purpose of this development application is to use a community-based participatory and multidisciplinary approach to culturally adapt and pilot test a weight management intervention that: 1) responds to the unique needs and expressed concerns of African American urban women with mobility impairments, 2) builds on prior weight management research conducted on women in general, and 3) is delivered using virtual reality on the Internet.

Role: Principal investigator (subcontract)

Unnumbered

Ledoux (PI)

1/1/2014-12/31/2014

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Academy of Nutrition and Dietetics, Foundation Endowment Grant Program		\$35,000 (IDC \$3500)
"Teaching parents to feed their children by example"		
The purpose of this grant is to develop and pilot test an observational learning tool based on Social Cognitive Theory that could be used to supplement parent focused child obesity prevention programs for children ages 2-5 years.		
Unnumbered		2013-2014
University of Houston, Division of Research Small Grant Program		
"Feasibility of a parent focused intervention to promote healthy child eating."		\$3000
The purpose of this study is to test the feasibility and acceptability of a novel parent focused intervention to promote healthy eating behaviors among at risk toddlers by targeting parent eating behaviors and food-related parenting practices.		
Role: PI		
1R21HD073685-01	Lee (PI)	2012-2014
NIH/NICHD		Total direct \$250,000
"Science and Community: Partnering to prevent early childhood obesity."		
The goal of this project is to develop and pilot test a peer educator school gardening program for pre-school age children that will be delivered by trained high school students.		
Role: Co-I (PI Lee, R.E.)		
Unnumbered	Ledoux (PI)	2012
Health and Human Performance Department, University of Houston		\$10,000
"Hunger biofeedback training to develop internally regulated eating: A feasibility study."		
The purpose of this study was to conduct a feasibility test of a weight loss intervention for obese disinhibited eaters.		
Role: PI		
U13HD063190-01	Lee (PI)	2010 –2013
NIH/NICHD		\$90,000 (no IDC)
"Science and Community: Ending Obesity, Improving Health."		
The major goals of this project are to capitalize on the unique opportunities presented in communities in the City of Houston to develop a partnership to promote sustainable obesity reduction via shared vision, community outreach and education with the final goal of developing a proposal for submission for NIH funding.		
Role: Co-investigator (PI Lee, R.E.)		
Unnumbered	Ledoux (PI)	2012
University of Houston, Division of Research Small Grant Program		\$3000
"Identifying psychosocial predictors of excess gestational weight gain."		
The purpose of this study is to determine essential psychosocial predictors of excess gestational weight gain, which can serve as targets for later intervention.		
Role: PI		
Unnumbered	Ledoux (PI)	2011
New Faculty Grant, University of Houston		\$6000
"Using Virtual Reality to Induce Food Cravings."		
The purpose of this study is to demonstrate virtual reality can induce a food craving response typically seen in real world and experimental conditions.		
Role: PI		
Unnumbered	O'Connor (PI)	2009 – 2010
Gillson Longenbaugh Foundation, Baylor College of Medicine		\$25,000
"Effect of communication techniques on child outcomes in an obesity intervention."		

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The purpose of this study was to identify effective communication techniques used by health advisors in an obesity intervention.

Role: Co-investigator

Unnumbered	Ledoux (PI)	2009-2010
Robert Wood Johnson Foundation		\$3750

“Relationship of fruit and vegetable intake and adiposity.”

The purpose of this funding was to support a review of the literature on the relationship between fruit and vegetable consumption and adiposity.

Role: PI

5T32 HD007445-15	Heird (PI)	2009 – 2010
NIH		Postdoctoral fellowship salary

Ruth L. Kirschstein National Research Service Awards, Baylor College of Medicine.

The purpose of this funding was to support postdoctoral research training.

Role: Postdoctoral Fellow

1 R01 CA 116766-01	Baranowski (PI)	2008-2009
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NIH-NCI, Baylor College of Medicine

“PROP Sensitivity and Obesity among Ethnic Children.”

The purpose of this funding was to support a postdoctoral research associate to assist in writing manuscripts from data gathered in this study, which aimed to assess the prevalence of PROP sensitivity among children in three age and three ethnic groups, and assess the relationship of PROP sensitivity to adiposity status.

Role: Postdoctoral Associate

Unnumbered	Harrist (PI)	2005-2006
USDA Grant, Oklahoma State University		Direct costs \$1,000,000

“Families in Schools for Health (FiSH)”

The purpose of this study was to test a school and family based intervention for childhood obesity prevention.

Role: Project Coordinator

### ***Presentations (Peer Reviewed – Accepted and Completed)***

**Ledoux, T.A.**, Esat, G., McCarley, K., Arbona, C., Thompson, M. & Olvera, N. (October, 2019). Eye to the Future: Developing the next generation of nutrition professionals. To be presented as an oral presentation at the annual Food and Nutrition Conference and Expo of the Academy of Nutrition and Dietetics, Philadelphia, PA.

Taylor, A., **Ledoux, T.**, Berens, P.D., & Beasley, A. (2019, March). *Examining the association between physical symptoms and exercise during pregnancy*. Poster to be presented at the American Academy of Health Behavior Conference, Greenville, South Carolina.

**Ledoux, T.**, Beasley, A., Berens, P., & Daundasekara, S. (2018, October). *Participation in a federal nutrition program for pregnant women and gestational weight gain: A prospective survey study*. Abstract accepted for poster presentation at the Academy of Nutrition and Dietetics Food & Nutrition Convention and Exposition, Washington, DC.

Silveira, S. L., **Ledoux, T.** Johnston, C. A., Kalpakjian, C., O'Connor, D. P., Cottingham, M., McGrath, R., & Tate, D. (2018, October). *Identifying Non-Successful Participants in the Well on Wheels Holistic Wellness Intervention*. Abstract accepted for poster presentation at American Congress of Rehabilitation Medicine Annual Meeting, Dallas, TX.



- Ledoux, T.,** Cross, M., Adaramola, A., Aslam, A., Edwar, L, Felicita, A., Jacobs, S., & Soni, H. (2018). *Toddler caregiver responses to novel food acceptance and reject*. Poster presented at the annual conference of the Society of Nutrition Education and Behavior, Minneapolis, MN.
- Silveira, S. L., Hughes, R. B., Nosek, M. A., Taylor, H. B., **Ledoux, T.,** Wenzel, L., Diaz, L., Robinson-Whelen, S., & the GoHealthySCI Consortium. (2018, May). *GoHealthySCI: The Development of a Weight Management Program for People with Spinal Cord Injury*. Abstract presented at UAB Center for Disability Health and Rehabilitation Science 2nd Annual Symposium, Birmingham, AL.
- Ledoux, T.,** Cross, M.B., Adaramola, A., Aslam, A., Adward, L., Felicitas, Jacob, S., Soni, H. (2018, April). *Child cues preceding toddler acceptance and rejection of new foods: An observation study*. Poster presented at the annual conference of the Texas Academy of Nutrition and Dietetics, Houston, TX.
- Robinson-Whelen, S., Silveira, S. L., Hughes, R. B., Nosek, M. A., Taylor, H. B., **Ledoux, T.,** Wenzel, L., Diaz, L., and the GoHealthySCI Consortium. (2018, April). *GoHealthySCI: Pilot Testing a Weight Management Program for People with Spinal Cord Injury*. Poster presentation at the Society of Behavioral Medicine, New Orleans, LA.
- Ledoux, T.,** Silveira, S.L., Le, J., Kamal, H., & Kung, S. (2017). *Investigating the feasibility and preliminary effects of Little Foodies: A health promotion program for parents of toddlers*. Society of Nutrition Education and Behavior, Washington, D.C.
- Ledoux, T.,** Cross, M.B., Silveira, S.L., Kamal, H., Phan, M., Kung, S., & Le, J. (2017). *Parent responses to toddler food acceptance and rejection: An observation study*. Society for Research on Child Development Biannual Conference, Austin, TX.
- Ledoux, T.,** Robinson, J., Sampson, M., & Beasley, A. (2016). *Effects of intuitive eating on gestational weight gain*. Academy of Nutrition and Dietetics Food and Nutrition Convention and Expo, Boston, MA.
- Ledoux, T.,** Robinson, J., Baranowski, T., & O'Connor, D.P. (July, 2015) *Teaching parents about responsive feeding through a vicarious learning video*. Society of Nutrition Education and Behavior Annual conference, Pittsburgh, PA.
- Ly, N., **Ledoux, T.,** Gallagher, M.R., Sampson, M., Berens, P. (April, 2015). *Psychosocial predictors of excess gestational weight gain*. Texas Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Houston, TX.
- Burch, H., **Ledoux, T.,** Sampson, M., Gallagher, M.R., Beasley, A. (2015). *The relationship between pregnancy fatigue and pre-pregnancy weight status*. Texas Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Houston, TX.
- Ledoux, T. &** Robinson, J. (2015). *Happier Meals: Helping parents to overcome mealtime challenges by example*. Paper presented at the Texas Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition, Houston, TX.
- Ledoux., T.,** Van den Berg, P., Leung, P., Berens, P.D. (2015). Knowledge predicts total gestational weight gain among low income women. Poster presented to Society of Behavioral Medicine Annual Conference, San Antonio, TX.
- Ledoux, T.,** Soltero, E.G., Parker, N., & Lee, R.E. (2015) Fruit and vegetable consumption and home availability in response to a preschool garden-based curriculum for preschoolers. Paper presented to Society of Behavioral Medicine Annual Conference, San Antonio, TX.

- Mama, S., Soltero, E.G., **Ledoux, T.**, & Lee, R.E. (2015) Developing a CBPR partnership and shared agenda to inform childhood obesity prevention research. Paper presented at the Society of Behavioral Nutrition Annual Conference in San Antonio, TX.
- Ledoux, T.** Van den Berg, P., Leung, B., & Berens, P. (2014). *Factors associated with knowledge of excess adiposity risks during pregnancy*. Poster presented at The Obesity Society annual conference, Boston, MA. *Poster abstract honored with one of the top 10 in Clinical Obesity Management awards.*
- Ledoux, T.**, Robinson, J.S., & O'Connor, D. (2014). *Food fights: Struggles among parents of preschoolers during meals and snacks*. Poster presented at The Obesity Society annual conference, Boston, MA.
- Nosek, M., Robinson-Whelan, S., Hughes, R., **Ledoux, T.**, Lee, R., O'Connor, D.P., Nosek, T., Goe, R., & Silveira, S. (2014). *GoWoman: The Development of a virtual world weight management intervention for women with mobility impairments*. Paper accepted for presentation at the American Public Health Association Annual Meeting and Expo, New Orleans, LA.
- Farukhi, A. & **Ledoux, TA.** (2014). *Does Context Explain Inabilities to Identify Physical Hunger Among Obese Women?* Poster presented at the National Conference for Undergraduate Research, Lexington, Kentucky.
- Robinson-Whelen, S., Hughes., R. B., **Ledoux, T.**, Nosek, M. A. (2014, May). *Weight and weight management following spinal cord injury*. Paper accepted for presentation at the American Spinal Injury Association Annual Scientific Meeting, San Antonio, TX.
- Ledoux, T.** (2014, May). Promoting healthy diet and physical activity among men, women, and children with mobility impairments. Chair of symposium to be presented at the International Society of Behavioral Nutrition and Physical Activity annual conference, San Diego, CA.
- Silveira, S., **Ledoux, T.**, Robinson-Whelan, S., O'Connor, D.P., Hughes, R., Lee, R.E., Nosek, T., & Nosek, M. (2014, May). *GoWoman: A weight loss program for women with mobility impairments*. Abstract to be presented at the International Society of Behavioral Nutrition and Physical Activity annual conference, San Diego, CA.
- Ledoux, T.** Gallagher, M.R., Sampson, M., Saher, N., & McFarlin, B. (2013, October). Investigating the feasibility and efficacy of a brief version of BELI (Biofeedback Enhanced Lifestyle Intervention) for weight loss. Research, practice and innovation oral presentation at the Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo (FNCE), Houston, TX.
- Alastuey, L., Layne, C., Lee, R.E., & **Ledoux, T.** (2013, April). The Virtual Immersive Translational Applied Learning (VITAL) Project. Oral presentation conducted at the Campus Technology Forum, San Diego, CA.
- Ledoux, T.** Saher, N., Sampson, M., Gallagher, M.R. (2013, March). Negative body image is related to overeating among diverse low-income overweight pregnant women. Poster presented at the 34<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Ledoux, T.** Adamus-Leach, H., O'Connor, D.P., Mama, S., & Lee, R.E. (2013, March) The influence of binge eating and neighborhood availability of fast food restaurants on diet and weight status. Poster presented at the 34<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Gallagher, M.R., **Ledoux, T.**, & Sampson, M. (2013, Spring). Evaluation of Comadres De Salud: An intervention to address obesity in Latino women. Poster presented at the Meeting the Mental Health Needs of Texans Conference.
- Ledoux, T.**, Saher, N., Sampson, M., & Gallagher, M. (2012). Body image is related to overeating among pregnant women. Texas Obesity Research Center annual conference, Houston, TX.

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- Ledoux, T.,** Watson, K., Baranowski, J., & Baranowski, T. (2012, June). Mediators and Moderators of the Diab and Nanoswarm videogame intervention for children. Symposium presentation at the annual International Society of Behavioral Nutrition and Physical Activity conference, Austin, TX.
- Ledoux, T.,** Chen, A., Baranowski, J., & Baranowski, T. (2012, June). Mediators and Moderators of the “5 a Day Badge” intervention for Boy Scouts. Symposium presentation at the annual International Society of Behavioral Nutrition and Physical Activity conference, Austin, TX.
- Leach, H., Lopez, Y., **Ledoux, T.,** & Lee, R.E. (2012, June). Does binge eating mediate the relationship between the food environment and health? Poster presented at the annual International Society of Behavioral Nutrition and Physical Activity conference, Austin, TX.
- Ledoux, T.,** Lohrenz, T., Baranowski, T., & Montague, R. (2011, April). Relationship of brain responses to palatable food with food addiction tendencies. Poster presented at the annual Society of Behavioral Medicine conference, Washington, DC.
- Ledoux, T.,** Hilmers, A., Watson, K., Baranowski, T., & O’Connor, T.M. (2011, April). Development of a coding system for patient-centered communication childhood obesity treatment programs. Poster presented at the annual Texas Dietetic Association conference, Houston, TX.
- Ledoux, T.,** Watson, K., Baranowski, J., & Baranowski, T. (2010, November). Mediation and moderation effects of the “5 a Day Achievement Badge” intervention for Boy Scouts. Poster presented at the annual meeting of the Texas Obesity Research Center, Houston, TX.
- Garcini, L., **Ledoux, T.,** Barnett, M., & Baker, J. (2009, August). Mental healthcare use among outpatients with chronic pain. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Ledoux, T.,** Watson, K., Baranowski, J., Nguyen, N., & Baranowski, T. (2009). Effect of reporting style on the association between BMI and energy intake. Poster presented at the annual meeting of the Texas Obesity Research Center Conference, Houston, TX.
- Garcini, L. M., **Ledoux, T.,** Barnett, M. D., & Baker, J. (2009, April). Differences in mental health of medical patients with positive and negative attitudes towards mental healthcare. Poster presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.
- Hubbs-Tait, L., Topham, G. L., Harrist, A. W., Kennedy, T. S., **Ledoux, T.,** Longoria, A., & Page, M. C. (2009, April). Child overweight and parental concern in first grade: Links to parental feeding behaviors, and parenting style. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Harrist, A. W., Topham, G. L., Kennedy, T. S., McConnell, M., **Ledoux, T.,** Page, M. C., & Hubbs-Tait, L. (2009, April). Preliminary findings from the Families and Schools for Health (FISH) intervention. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Ledoux, T.,** & Harrist, S. (2008, August). Effects of expressive writing on eating behaviors following a failure task. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Ledoux, T.,** Barnett, M., & Baker, J. (2008, August). Differences in pain coping style among those with and without Type D personality style. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

- Barnett, M., **Ledoux, T.**, Garcini, L., & Baker, J. (2008, March). Validating a measure of Type D personality style for a chronic pain population. Poster presented at the annual Gulf Coast Regional Pain Conference, Galveston, TX.
- Garcini, L., Barnett, M., **Ledoux, T.**, & Baker, J. (2008, March). Psychological predictors of depression among chronic pain patients. Poster presented at the annual Gulf Coast Regional Pain Conference, Galveston, TX.
- Carlozzi, B., McGovern, A., Harrist, S., & **Ledoux, T.** (2007, August). Linguistic characteristics of online writing and health outcomes. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Tan, G., Dao, T., Dickinson, M., **Ledoux, T.**, & Jensen, M. (2007, May). The trials and tribulations of shifting paradigm: From clinic to clinical research. Poster presented at the annual meeting of the Association of VA Psychology Leadership in Dallas, TX.
- Harrist, A.W., Page, M.C., Kennedy, T.S., Topham, G.L., Hubbs-Tait, L., **Ledoux, T.**, & Longoria, A.Q. (2007, March). A multidisciplinary model of childhood obesity: Integrating developmental, family, and nutrition science approaches. Poster session presented at the biannual meeting of the Society for Research in Child Development, Boston, MA.
- Young, T., Winterowd, C., **Ledoux, T.**, Reeves, N., & Hicks, K. (2006, August). Relationship of social comparison, attachment, and body image. Poster session presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Ledoux, T.**, Harrist, S., Carlozzi, B., & McGovern, A. (2005, October). Exploring the boundaries of the expressive writing paradigm. Poster session presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, OK.
- Ledoux, T.**, Winterowd, C., & Young, T. (2005, August). The relationship of Body Mass Index with attachment styles and appearance schemas in college women. Poster session presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Ledoux, T.**, Winterowd, C., Young, T., & Dorton, J. (2004, November). The relationship of attachment and negative self schemas with appearance schemas in college women. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Ledoux, T.** (2003, January). Counseling skills for the Registered Dietitian. Paper presented at the spring meeting of the Memphis District Dietetic Association, Memphis, TN.
- Ledoux, T.** (2000, April). Assessment of nutritional care practices in a pediatric oncology hospital in Recife, Brazil. Poster presented at the annual symposium of the University of Memphis, Memphis, TN.

### ***Presentations (Invited)***

- Ledoux, T.** (2018). Annual Dietetic Internship Preparation Workshop, Texas A&M University, College Station, TX.
- Ledoux, T.** (2017). Shaping the Future - Updates in addressing Childhood and Adolescent. Continuing medical education event for Texas Children's Health Plan providers. Baumont, TX.
- Ledoux, T.** (2016, Spring). Happier Meals: Teaching parents to use responsive feeding to overcome common mealtime challenges. Health Educators Network, Houston, TX.

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- Ledoux, T.** (2014, Fall). Nutrition during pregnancy. Baylor College of Medicine Resident Speaker Series, Houston, TX.
- Thomas, R. & Martin, C. (2013, Fall). USDA Nutrient data at your fingertips: Learn to use national resources in your practice. Ledoux moderated this symposium at the Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition, Houston, TX.
- Ledoux, T.** (2013, Spring). Practicing proper nutrition and maintaining a healthy weight. Action Before Conception Conference, Houston, TX.
- Ledoux, T.** (2012, Fall). The importance of professional organizations for nutrition students. Student Nutrition Association monthly speaker series, University of Houston, TX.
- Ledoux, T.** (2012, June). Obesity, overeating, & hunger. WIC Quarterly Staff Meeting, Harris County Public Health Department, Houston, TX.
- Ledoux, T.** (2012, March). Overeating behavior patterns: Why do we eat when we aren't hungry? Food for Thought Speaker Series, University of Houston, TX.
- Ledoux, T.** (2012, Spring). Overeating behavior patterns: Why do we eat when we aren't hungry? University of Victoria Spring Seminar, Victoria, TX.
- Ledoux, T.** (2012, Spring). The importance of professional organizations for nutrition students. Student Nutrition Association monthly speaker series, University of Houston, TX.
- Ledoux, T.** (2011, fall). Guest speaker for the Honey Child program for low income pregnant women. Wheeler Baptist Church, Houston, TX.
- Ledoux, T.** (2011-present). Worksite wellness presentations. Cigna, Houston, TX.
- Ledoux, T.** (2011). Inclusion, equity and access to health care: Disparities and challenges in the 21<sup>st</sup> century. Panelist for this event sponsored by the Texas Diversity Council.
- Ledoux, T.** (2011, March). Relationship between brain responses to palatable food and food addiction tendencies among adolescents. Faculty Research Day, University of Houston, Houston, TX.
- Ledoux, T.** (2011, April). Moderating effects of race on the association between overeating styles and adiposity among youth. Texas Obesity Research Center Symposium, Houston, TX.
- Ledoux, T.** (2002, September). Nutrition and substance abuse. Presented during University of Memphis nutrition graduate student/intern orientation, Memphis, TN.
- Ledoux, T.** (2002, September). Counseling skills for the Registered Dietitian. Talk presented during University of Memphis nutrition graduate student/intern orientation, Memphis, TN.
- Ledoux, T.** (2001, March). Working in the real world as an RD. Talk presented to the University of Memphis Nutrition graduate students, Memphis, TN.
- Ledoux, T.** (2000, May). Fad diets. Symposium presented at the annual dietetics meeting at the University of Memphis, Memphis, TN.
- Ledoux, T.** (2000, May). Results to IMIP needs assessment and recommendations for improving standards of care. Paper presented to St. Jude Children's Research Hospital (SJCRH) nutrition staff and SJCRH's Brazilian affiliate hospital, IMIP, administrators and staff, Memphis, TN.

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## **Research Awards and Honors**

- 2018 Provost Faculty Travel Award, University of Houston, Houston, TX  
2015 USDA E. Kika De La Garza Science Fellowship, Washington, DC  
2014 Provost Faculty Travel Award, University of Houston, Houston, TX  
2014 Clinical Management of Obesity poster award, The Obesity Society, Boston, MA.  
2013 Provost Faculty Travel Award, University of Houston, Houston, TX  
2012 Summer Institute on Social and Behavioral Intervention Research, NIH, Columbia University, NYC, NY  
2012 Provost Faculty Travel Award, University of Houston, Houston, TX  
2011 Dannon Institute Nutrition Leadership Institute, Queenstown, MD.  
2011 Provost Faculty Travel Award, University of Houston, Houston, TX  
2010 Research Excellence Award for poster presentation, Texas Obesity Research Center, Houston, TX.  
2007 Graduate Research Excellence Award from Oklahoma State University's Graduate College.  
2005 Human Development and Family Sciences departmental graduate student tuition waiver award.  
2005 2<sup>nd</sup> Place Graduate Student Poster Award at the OK Psychological Association's Annual Convention.  
2005 Departmental Tuition Waiver from the Human Development and Family Sciences Department.  
2005 3<sup>rd</sup> place Graduate Student Presentation award at the Southwestern Psychological Association's Annual Convention.  
2004 Robbison Award from Oklahoma State University's College of Education.  
2004 Association for the Advancement of Behavior Therapy's Student Interest Group poster presentation award.

## **Teaching**

- 2010 – present: University of Houston  
Undergraduate Courses:  
Community Nutrition NUTR 4334 (class size 155): Fall 2010, Spring 2011, Fall 2011, Spring 2012, Fall 2012, Spring 2013, Spring 2014, Fall 2014, Spring 2015, Fall 2017, Spring 2018  
Sports Nutrition (class size 100): Summer 2011  
Seminar in Nutrition Research (class size 45): Spring 2011, Fall 2011, Spring 2013, Spring 2014  
Graduate courses:  
Urban Fitness (class size 6): Spring 2012  
Biopsychosocial Causes and Consequences of Obesity (class size 5): Fall 2012  
Doctoral Journal Club: Fall 2014, Spring 2017, Fall 2017

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Candidacy Project: Spring 2015  
Contemporary Issues in HHP: Fall 2016 & 2018

2007-2008:

Teaching Assistant  
Course: Clinical Psychiatry  
UTMB Physician Assistant Master's Training Program

- Lectures presented: "Assessment," "Mood Disorders," "Anxiety Disorders," and "Personality Disorders" lectures.

Course: Human Sexuality  
UTMB Physician Assistant Master's Training program

- Lectures presented: "TBI and Sexuality" and "Communication Skills" classes.

Fall 2003 & 2004,

Spring 2004 & 2005: Instructor (one section per semester with 75 students)

Course: Health and Human Performance 2603 "Total Wellness"

- Prepared and delivered daily lectures about chronic illness prevention, nutrition, exercise, smoking, alcohol and drug abuse, and mental health.
- Created and graded four exams per semester.
- Assigned and graded a four part behavior change intervention project.

Spring 2004 & 2005: Teaching Assistant

Course: Nutritional Sciences 3812 "Nutrition Assessment and Counseling"

- Facilitated weekly lab meeting activities and discussions according to the provided curriculum and syllabus.
- Graded weekly homework assignments.

#### Undergraduate Research

Alejandra Torres, Honors student, Summer Undergraduate Research Fellows, 2019

Basant Gamal, pre-med honors student, UHAND Scholar, 2019-2021

Ngan Ly, Summer Undergraduate Research Fellow, Nutrition major, 2014

Jesika Orellana, Nutrition major, Provost Undergraduate Research Scholars

Spring 2012

Susan Alexander, Nutrition major, Provost Undergraduate Research Scholars

Fall 2012

Aalia Faruhki, Nutrition major, Provost Undergraduate Research Scholars

Spring 2013

Hannah Burch, Nutrition major, Provost Undergraduate Research Scholars

Fall 2014

Angelina Beitzel, Nutrition major, Provost Undergraduate Research Scholars

Spring 2015

Jessica Robinson, Nutrition major, Provost Undergraduate Research Scholars

Fall 2015

Stephanie Kung, Nutrition major, Provost Undergraduate Research Scholars

Spring 2016

#### Active Graduate Student Committees:

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Tabbatha Lopez, RD, Doctoral program, Kinesiology. Role: Chair  
Cherine Hatem, Doctoral program, Kinesiology. Role: Chair  
Aliye Cepni, Doctoral program, Kinesiology, Role: Chair  
Ashley Taylor, UHAND Scholar Program, Role: research mentor

Postdoctoral Fellows:

David Frank, Cancer Prevention and Research Institute of Texas Fellowship, Role: mentoring team member

Completed Student Committees:

Stephanie L. Silveira, PhD, 2017 Role: Chair  
Saumali Daundasekara, PhD, 2017. Role: Chair  
Matt Cross, MS. Role: Chair  
Erica Soltero, PhD. Role: Chair  
Keisha Harrison, MS, 2015. Nutrition. Role: Chair  
Najmus Saher. MS, 2014. Exercise Phys. Role: Chair  
Kirsten Vollrath, MS, 2014. Nutrition. Role: Chair  
Heather Adamus, PhD, 2013. Role: Candidacy committee member  
Ygnacio Lopez, MS, 2012. Kinesiology. Role: Candidacy committee member  
Mark Morrison, MS, 2012. Role: Co-Chair of thesis committee  
Chris Sunseri, MS, 2012. Role: Co-Chair of thesis committee  
Kelley Strohacker, PhD, 2011. Role: Dissertation committee member  
Tiffany Davidson, MS, 2011. Role: Thesis committee member

**Current Teaching Grants**

2017-2018: Online graduate degree development grant. (PI Haubrick)  
Total budget: \$97,439  
Role: Co-I

**Completed Teaching Grants**

Summer 2012: HHP Summer Curriculum Development Program. "Using the latest technology and supporting text to meet CADE learning objectives and the demands of increasing student enrollment in Community Nutrition (NUTR4334)." \$3,500 faculty salary and \$1,500 student stipend.  
Role: Faculty advisor

2011-2012: QEP Curriculum Development Program. "Interdisciplinary perspectives on the overweight body: Research, methodologies, and pedagogy." \$10,000.  
Role: Co-author (Lead: Kwan).

2011-2012: Faculty Development Initiative Program (B). "Enhancing the Virtual Immersive Translational Applied Learning (VITAL) Project." \$25,000.  
Role: Co-author (Lead: Chuck Layne)

Summer 2011: HHP Summer Curriculum Development Program. "Using technology to meet learning objectives of CADE and the demands of increasing student enrollment in Community Nutrition (NUTR4334)." \$3,500 faculty salary and \$1,500 student stipend.  
Role: Faculty advisor

**Teaching Awards and Honors**

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- 2015 College of Liberal Arts and Social Sciences Ross M. Lence Teaching Award, University of Houston, Houston, TX
- 2015 Finalist for the University of Houston Teaching Excellence Award, Houston, TX
- 2014 Finalist for College of Liberal Arts and Social Sciences Ross M. Lence Teaching Award, University of Houston, Houston, TX
- 2012 Outstanding Dietetic Educator, Academy of Nutrition and Dietetics
- 2012 Outstanding Dietetic Educator, Texas Dietetic Association, TX.
- 2011 Houston Area Dietetic Association Outstanding Dietetic Educator, Houston, TX.

***Mentee Awards and Honors***

- 2015 Ngan Ly, *Provost Travel Award*, University of Houston
- 2014 Stephanie Silveira, *Graduate Research & Scholarship Project participant*, University of Houston
- 2014 Aalia Farukhi, *Provost Travel Award*, University of Houston
- 2013 Kirsten Vollrath, *Graduate Teaching Award*, Department of Health and Human Performance, University of Houston
- 2013 Anthony Nguyen, *Outstanding Nutrition Master's Student*, Department of Health and Human Performance, University of Houston

**Service**

***Organization***

- 2019 Interviewer, Tier One Scholarship Invitational, The Honors College, University of Houston.
- 2016 – present Vice Chair, Committee for the Protection of Human Subjects Research, University of Houston
- 2015-2017 Chair, Graduate Research Degree Committee; Department of Health and Human Performance, University of Houston
- 2016 Member, CLASS Dean Search Committee; Provost Office, University of Houston
- Fall 2015 University of Houston Student Orientation Book Club discussion leader
- Summer 2015 Faculty panelist, SURF Program speaker series
- Summer 2015 Faculty panelist, new student orientation information session
- 2015-2017 Chair, Graduate Research Degree Committee; Department of Health and Human Performance, University of Houston
- 2012-present Member, Graduate Research Degree Committee; Department of Health and Human Performance, University of Houston
- 2015 College of Liberal Arts and Social Sciences, Dissertation Grant selection committee  
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2014-2015	Member, Search Committee; Department of Health and Human Performance, University of Houston
2014-2015	Member, Search Committee; Department of Health and Human Performance, University of Houston
Summer 2014	Tier One Invitational Interviewer
Fall 2014	University of Houston Student Orientation Book Club discussion leader
2013-2014	Chair, Search Committee; Department of Health and Human Performance, University of Houston
2012-2013	Member, Professional Master's Degree Committee; Department of Health and Human Performance, University of Houston
2011-2012	Chair, Search Committee; Department of Health and Human Performance, University of Houston
2012	Member, Ad Hoc Department Constitutional Review Committee; Department of Health and Human Performance, University of Houston
2010-2011	Member, Search Committee; Department of Health and Human Performance, University of Houston
2010	Member; Peer Evaluation Committee; Department of Health and Human Performance, University of Houston
2010	Proctor; Master's degree student comprehensive examinations; Department of Health and Human Performance, University of Houston
2010- present	Executive Board Member, Texas Obesity Research Center, Houston, TX
2005-2006	Institutional Review Board Student Representative; Oklahoma State University, Stillwater, OK
2000-2003	Nutrition Graduate Student/Intern Selection Committee Member; University of Memphis, Memphis, TN

### ***Houston Community***

2013	Member, Houston Advisory Group, Latinos in a Network for Cancer Control; Center for Clinical and Translational Sciences, Houston, TX
2012	Member, Houston Diabetes Coalition, Houston, TX
2011	Member, Mayor's Obesity Task Force, Houston, TX

### ***Professional***

2019-2022	President, Texas Academy of Nutrition and Dietetics
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2019-2020	Awards Committee Co-Chair, Research Dietetic Practice Group, Academy of Nutrition and Dietetics
2017-2019	Secretary (elected), Research Dietetic Practice Group, Academy of Nutrition and Dietetics
2016-2019	Treasurer (elected), Texas Academy of Nutrition and Dietetics
2015-present	Conference abstract reviewer, Society of Behavioral Medicine
2015	Conference abstract reviewer, Society of Nutrition Education and Behavior
2015	Reviewer, Nutrition Care Manual – Normal Pregnancy Chapter, Academy of Nutrition and Dietetics, Chicago, IL
2015	Reviewer, Champions for Kids Grant, Academy of Nutrition and Dietetics Foundation, Chicago, IL
2015	Abstract Reviewer, Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition, Chicago, IL
2014	Reviewer, Champions for Kids Grant, Academy of Nutrition and Dietetics Foundation, Chicago, IL
2014	Abstract Reviewer, Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition, Chicago, IL
2013-2014	Workgroup Chair; Academy of Nutrition and Dietetics Evidence Analysis Library; Obesity, Reproduction, and Pregnancy section.
2014-2016	Treasurer (elected), Board of Directors, Houston Academy of Nutrition and Dietetics
2011-2014	Director-At-Large (appointed), Board of Directors, Houston Academy of Nutrition and Dietetics
2012-present	Membership Council Member; Society for Behavioral Medicine.
2012, March	NIH Special Emphasis Panel Member, SBIR Contract Proposals, “Computer generated diet and exercise reminders promoting cardiovascular health.”
8/2006-8/2008	Student Representative of the Association for Psychologists in Academic Health Centers board.
2005	Division 17 Hospitality Suite Student Volunteer APA Annual Convention, Washington, DC.
2001-2002	Secretary, Chi Sigma Iota (Counseling Honor Society).
2000-2002	Scholarship Chairperson, Memphis District Dietetic Association (MDDA).
2002-2003	Nominating Committee member (elected position, MDDA).

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**Peer Reviewer**

American Heart Association Scientific Statement 2019  
Health Promotion Practice 2019  
International Journal of Behavioral Nutrition and Physical Activity 2019  
Eating and Weight Disorders 2019  
Journal of Women's Health 2019  
PLOS One  
Preventive Medicine Reports  
Health Education & Behavior  
Nutrients  
Preventing Chronic Disease: Public Health Research, Practice, and Policy  
Public Health Nutrition  
Health Psychology  
Pediatrics  
Physiology & Behavior  
Journal of Nutrition Education and Behavior  
Appetite  
Simulation & Gaming  
International Journal of Obesity  
Journal of Nutrition and Health

**Editorial Board Member**

International Journal of Behavioral Nutrition and Physical Activity  
Immunometabolism (Language)

**Professional Membership**

Society of Nutrition Education and Behavior, 2014 to present.

Texas Academy of Nutrition and Dietetics, 2010 to present.

Academy of Nutrition and Dietetics, 1996 to present.

**Service Awards and Honors**

2015 Fellow of the Academy of Nutrition and Dietetics

**Miscellaneous****Graduate Fellowship**

2004-2006 Fellow  
Preparing Future Faculty (PFF), Oklahoma State University

**Past Employment**

5/2005- 8/2006 Project Coordinator  
Families and Schools for Health - USDA funded research grant  
College of Human Environmental Sciences, Oklahoma State University (PI: Amanda Harrist, PhD)

- Managed daily operations for multi-site, multi-year, study aimed at developing an intervention for childhood obesity.
- Obtained informed consent for 600 first grade children throughout Oklahoma.
- Managed \$1 million budget.

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- Supervised and trained >70 graduate and undergraduate research assistants.
- Coordinated data collection and intervention implementation in > 20 Oklahoma schools.

1/2004-5/2004

Research Assistant  
Nutrition Sciences Department in the College of Human Environmental Sciences,  
Oklahoma State University  
*Supervisor: Maria Spicer, Ph.D., R.D.*

- Assisted in writing a USDA grant proposal to fund a weight management program for inner city youth.

4/2000-8/2003

Clinical Nutrition Manager  
Delta Medical Center, Memphis, TN

- Supervised a Registered Dietitian, diet clerks, and a diet technician.
- Supervised graduate and undergraduate nutrition students and coordinated the Nutrition Practicum/Internship program.
- Conducted inpatient and outpatient nutrition counseling.
- Conducted medical nutrition therapy on the medical surgical, intensive care, substance abuse, mental health, suicide stabilization, and geriatric psychiatric units.
- Maintained progress notes in medical records for all patients.
- Performed quality assurance analyses.
- Participated in the Pharmacy and Therapeutics Committee.
- Assisted in JCAHO department preparations and site visit evaluations.

1/2003-8/2003

Consultant  
VA Medical Center, Memphis, TN

- Conducted a continuing education series for the nutrition staff with the goal of improving nutrition counseling skills.

8/1998-5/2000

Graduate Assistant Nutritionist  
St. Jude Children's Research Hospital, Memphis, TN

- Assisted with department research projects.
- Participated in multidisciplinary staff meetings.
- Maintained progress notes in medical records.
- Provided inpatient and outpatient medical nutrition therapy.

5/1997-8/1998

Dietetic Technician  
Roger Williams Hospital, Providence, RI

- Supervised kitchen staff during meal preparation.
- Adapted patient menus to therapeutic diet prescriptions.
- Screened new patients for nutrition risks for Registered Dietitians.

1/1997-5/1997

Research Assistant  
Hunger in America Study  
Second Harvest, Hatfield, MA

- Interviewed low-income clients at charitable food distribution agencies regarding food purchasing behaviors.